

# High Performance

## RED, ORANGE & GREEN BALL

Academy Clinics are for students who are passionate about tennis, who intend to make tennis their athletic focus. Red, Orange & Green Academy classes require approval by Director Carlos Espinoza.

### RED ACADEMY (age 6-8)

This class focuses on match play and beginning competition for players in RED Ball using USTA 10 and under protocols. Players must be able to serve, rally and keep score. Cost includes one class day and Saturday Match Play.

M/T/W/TH/F 4:00–5:00 PM

Saturday 2:30–3:30 PM MATCH PLAY

Cost: \$1512

### ORANGE ACADEMY (age 9-11)

This class focuses on match play and beginning competition for players in ORANGE Ball using USTA 10 and under protocols. Players must be able to serve, rally and keep score. Cost includes one class day and Saturday Match Play.

MON/TUE 5:00–6:30 PM

Friday 3:30– 5:00 PM

Saturday 1:00–2:30 PM MATCH PLAY

Cost: \$2268

### GREEN ACADEMY (age 11-13)

Advanced competitive skills for players in GREEN Ball. Players must be able to serve, rally and keep score on the 78' court. Cost includes one class day and Saturday Match Play.

TH/F 5:00–6:30 PM

Saturday 1:00–2:30 PM MATCH PLAY

Cost: \$2268

# About our Director

Tennis is a great way to exercise, meet new friends, enjoy competition and just have fun!

Our primary concern is giving each young player the best possible chance to reach their potential at whatever level - high school, regional, sectional or even national. We know developing potential takes time—this is why we use the USTA 10 and under protocol in our Club Pathway Program here at NCRC.

At NCRC, we identify what is important for young players to learn at different ages and stages of their tennis development. We identify the skills to be learned at the optimum time to learn. We know teaching during these windows of opportunity accelerates the learning process.

The NCRC training programs are based on a sound understanding of the principles of childhood and tennis development. When we use this program, every young player stands a chance of reaching his or her potential.

In addition to professional instruction, parental support is essential for the development of young players. We are looking forward to working with you and your child.



Carlos Espinoza, Director Club Pathway & 10U

**NC | RC**  
NEW CANAAN RACQUET CLUB

## Developmental Pathway Program

# Winter 2024

45 Grove Street  
New Canaan, CT 06840

(203) 966-4558  
NCRCTennis.com

# Winter 2024 Developmental Pathway

January 2—March 24

\* Monday classes pro rated (11 weeks)

## RED ROBINS (age 3-5)

Red Robins is a hands-on clinic designed for young children introducing them to the game of tennis.

M/W/TH/F 2:00—3:00 PM  
M/T/W/TH/F 3:00—4:00 PM  
M/T/W/TH/F 4:00—5:00 PM  
Saturday 10:00—11:00 AM

Cost: \$756 pp/per day

## RED RAIDERS (age 6-8)

Red Raiders is a 60-minute hands-on with a focus on building skills while having fun.

M/T/W/TH/F 4:00—5:00 PM  
Saturday 10:00—11:00 AM

Cost: \$756 pp/per day

## RED ADVANCED (age 6-8)

The Advanced Red class is designed for players whose NCRC coach believes are ready to move up but not age appropriate for Orange Ball.

M/T/W/TH/F 4:00—5:00 PM  
Saturday 10:00—11:00 AM

Cost: \$756 pp/per day

## ORANGE CRUSH (age 9-11)

Orange Crush is a 60-minute clinic designed to make it easy and fun to get into the game.

M/T/W/TH 4:00—5:00 PM  
Saturday 11:00—12:00 PM

Cost: \$756 pp/per day

## ORANGE ADVANCED (age 9-11)

The Advanced Orange class is designed for players whose NCRC coach believes they are ready to move up from Orange Crush but not age appropriate for Green Ball.

T/W/TH 4:00—5:00 PM  
Saturday 10:00—11:00 AM

Cost: \$756 pp/per day

## GREEN HORNETS (age 11-13)

Green hornets is a hands-on 60-minute clinic for low to advanced intermediate.

Mon 4:00—5:00 PM  
Thursday 6:30—7:30 PM

Cost: \$756 pp/per day

## GREEN ADVANCED (age 11-13)

The Advanced Green class is designed for players whose NCRC coach believes they are ready to move up from Green Hornets but not age appropriate for Yellow Ball.

Monday 6:30—7:30 PM  
Tuesday 4:00—5:00 PM  
Tuesday 6:30—7:30 PM  
Wednesday 5:00—6:00 PM  
Thursday 4:00—5:00 PM  
Sunday 11:00-12:00 PM

Cost: \$756 pp/per day

## YELLOW ADVANCED (age 14-18)

Designed for intermediate to advanced players looking to improve and have fun. 60 & 90-minute

Monday 4:00—5:00 PM  
Wednesday 4:00—5:00 PM  
Thursday 3:00—4:00 PM  
Saturday 11:30—1:00 PM (90 min)

Cost: \$756 pp/per day 60 min / \$1,134 pp/per 90 min

Register online or call!

(203) 966-4558